

Fast Facts for the School Nurse: A Comprehensive Guide

School nurses play a vital role in the health and well-being of students and staff. They provide essential healthcare services, manage health conditions, administer medications, and respond to emergencies. This comprehensive guide offers fast facts on various health conditions, emergency procedures, and school health policies to empower school nurses in their daily practice.



Fast Facts for the School Nurse: What You Need to

Know by Valerie Gilpeer

★★★★☆ 4.6 out of 5

Language : English
File size : 2710 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 317 pages



Common Illnesses in Schools

Influenza (Flu)

A respiratory illness caused by influenza viruses, characterized by fever, cough, sore throat, and muscle aches. School nurses should maintain high vaccination rates and encourage hand hygiene to prevent outbreaks.

Streptococcal Pharyngitis (Strep Throat)

A bacterial infection of the throat, causing fever, sore throat, and swollen lymph nodes. Early diagnosis and treatment with antibiotics are crucial to prevent complications.

Gastroenteritis

Commonly known as "stomach flu," gastroenteritis is caused by viruses or bacteria, leading to vomiting, diarrhea, and abdominal pain. Proper hydration and rest are essential.

Emergency Procedures

- **CPR and First Aid:** School nurses should be certified in CPR and first aid to respond to cardiac emergencies, injuries, and other life-threatening situations.
- **Anaphylaxis:** A severe allergic reaction that can be life-threatening. School nurses should be trained in administering epinephrine and recognizing signs and symptoms.
- **Seizures:** A sudden surge of electrical activity in the brain, often causing uncontrolled body movements. School nurses should know how to administer medications and provide support.

School Health Policies

1. **Immunization Requirements:** Schools have legal responsibilities to ensure students have received required immunizations against preventable diseases.
2. **Medication Administration:** School nurses must follow strict protocols for administering medications, including parental consent and proper dosage.
3. **Health Assessments:** School nurses conduct health screenings, vision and hearing tests to identify and address health concerns early

on.

Infectious Diseases

Disease	Transmission	Symptoms
Measles	Airborne	Fever, rash, cough, runny nose
Mumps	Airborne	Swollen parotid glands, fever
Pertussis (Whooping Cough)	Airborne	Severe coughing fits, difficulty breathing

Vaccinations

School nurses play a crucial role in promoting vaccinations. Here are some key facts:

- Vaccines are safe and effective in preventing serious illnesses.
- School nurses should encourage parents to have their children vaccinated according to the recommended schedule.
- Some vaccines require multiple doses over time for maximum protection.

Legal Responsibilities

- **Confidentiality:** School nurses must protect the privacy of students' health information.
- **Reporting:** School nurses are required to report certain communicable diseases to local health authorities.

- **Duty of Care:** School nurses have a legal and ethical obligation to provide appropriate care and respond to health emergencies.

Mental Health Support

School nurses play an important role in promoting mental health and supporting students who face challenges:

- Identify students who may need support and provide referrals to mental health professionals.
- Promote positive mental health practices and coping mechanisms.
- Collaborate with parents, teachers, and administrators to create a supportive school environment.

School nurses are indispensable members of the school health team, providing essential healthcare services and ensuring the well-being of students and staff. This comprehensive guide serves as a valuable resource, offering fast facts on common health conditions, emergency procedures, school health policies, and legal responsibilities. By staying informed and adhering to best practices, school nurses can effectively navigate the complexities of school healthcare and promote a healthy and safe learning environment for all.



Fast Facts for the School Nurse: What You Need to

Know by Valerie Gilpeer

★★★★☆ 4.6 out of 5

Language : English
File size : 2710 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 317 pages

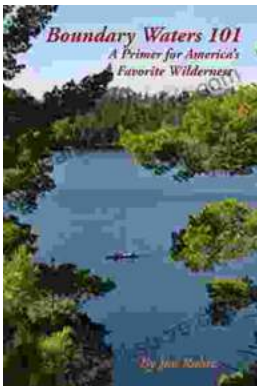
FREE

DOWNLOAD E-BOOK



Fierce Attachments: A Memoir by Vivian Gornick - A Journey of Self-Discovery, Love, and Loss

Vivian Gornick's *Fierce Attachments* is a powerful and moving memoir that explores the complexities of female friendship, love, and loss. With unflinching honesty and a keen...



Primer for America's Favorite Wilderness: A Comprehensive Guide to the Great Outdoors

In the vast tapestry of the American landscape, wilderness areas stand as beacons of unspoiled beauty, offering a sanctuary for wildlife and a...